

## BUILDRES Project

Project number: 2024-2-CY01-KA220-YOU-000295718

### EU COUNTRIES DESK RESEARCH

Partner organisation: DANMAR COMPUTERS

Research on: CZECH REPUBLIC

**Country overview** (statistical data- population, fertility percentages, indicators- cultural characteristics of the country around family building, e.g family vs. career oriented, average of mothers working full time, average number of children in new families, Fertility rate, average maternal age).

Based on the latest statistical data, the Czech Republic has a population of approximately 10.6 million people and is characterized by a declining population and an aging society with a median age of 43.8 years. The nation's fertility rate stands at a low of 1.37 children per woman (2024 data), well below the replacement level of 2.1. This trend is starkly reflected in the declining number of live births, with 84,300 live births in 2024, the fewest in the country's recorded statistical history. Concurrently, the average age of mothers at the birth of their first child has been steadily increasing, reaching 29.0 years in 2024.

Demographic shifts in the Czech Republic are closely linked to broader socio-economic factors, including housing affordability, labour market insecurity among young adults, and work–family balance considerations. Parenthood is increasingly postponed, and family size preferences are moderating, contributing to long-term structural ageing. While two-child families remain culturally prevalent, delayed childbearing has implications for reproductive health, fertility treatment demand, and intergenerational support systems. The rising maternal age also correlates with higher utilization of assisted reproductive technologies, an area in which the Czech Republic has become regionally significant.

Pregnancy and maternal healthcare services are delivered through a mandatory public health insurance system, which guarantees universal access to medically necessary care. All insured women are entitled to comprehensive prenatal monitoring, including regular obstetric examinations, ultrasound screenings, laboratory testing, and hospital delivery care covered by health insurance funds. Preventive care during pregnancy is standardized and guided by national medical protocols. Childbirth typically takes place in public maternity hospitals, with neonatal and postnatal care included under insurance coverage. Postpartum follow-up includes paediatric monitoring and maternal health assessments, ensuring continuity of care during the early months of a child's life.

Parental leave and income protection mechanisms are central pillars of Czech family policy. Mothers are entitled to **maternity leave (peněžitá pomoc v mateřství)** lasting 28 weeks (37 weeks in the case of multiple births), compensated at approximately 70% of previous earnings, subject to contribution



conditions. Following maternity leave, parents may access **parental allowance (rodičovský příspěvek)**, a flexible cash benefit that can be drawn until the child reaches up to three or four years of age, depending on the chosen pace of withdrawal. The total parental allowance is capped at a fixed cumulative amount per child, allowing families to decide how quickly to utilize it. Fathers are entitled to a short period of paid paternity leave shortly after birth, reinforcing shared caregiving responsibilities.

Beyond leave policies, families receive additional financial support through **child allowance (přídavek na dítě)** for low-income households, tax credits for dependent children, birth grants for eligible families, and housing support measures. These benefits are administered through the national labour offices under the Ministry of Labour and Social Affairs. Early childhood education and care services, including kindergartens (mateřské školy), are publicly funded, although regional disparities in availability persist, particularly for children under three years of age. As a result, extended parental leave remains common, especially among mothers, influencing female labour market participation rates.

Overall, the Czech Republic combines universal healthcare coverage for pregnancy and childbirth with comparatively long parental leave entitlements and targeted financial transfers to families. However, persistent low fertility, delayed parenthood, and structural economic pressures present ongoing demographic and social policy challenges. Policymakers continue to face the task of balancing fiscal sustainability with incentives designed to support family formation and improve conditions for parents of young children.

<b>Name of the organisation</b>	<b>IVF Cube</b>
<b>Short Description (Around 300 characters)</b>	At IVF Cube, psychological support is an essential part of fertility care. Infertility often brings emotional distress, anxiety, or relationship strain. Specialized counselling and therapy help patients manage these challenges, supporting emotional well-being and improving treatment outcomes. Psychological care is available to all patients without referral.
<b>Country</b>	Czech Republic
<b>Mail</b>	info@ivf-cube.eu
<b>Phone</b>	+420 220 303 881
<b>Website</b>	<a href="https://ivf-cube.eu/en/">https://ivf-cube.eu/en/</a>
<b>Address</b>	Evropska 423/178, 160 00 Prague 6, Czech Republic
<b>Name of the organisation</b>	<b>Aperio</b>
<b>Short Description (Around 300 characters)</b>	Aperio has been supporting parents since 2001, offering professional counselling, education, and guidance to improve family life. Each year, over 4,000 parents seek help through the Counseling Center, and millions access trusted information online. Aperio helps parents raise children with confidence and joy.
<b>Country</b>	Czech Republic
<b>Mail</b>	aperio@aperio.cz
<b>Phone</b>	+420 739 062 011
<b>Website</b>	<a href="https://www.aperio.cz/en">https://www.aperio.cz/en</a>
<b>Address</b>	Dřevná 2, Praha 2 Nové Město, 128 00
<b>Name of the organisation</b>	<b>Loono</b>
<b>Short Description (Around 300 characters)</b>	Loono is a team of young doctors, medical students, and health enthusiasts dedicated to saving lives through prevention. For over 10 years, the organization has educated more than 150,000 people through workshops, campaigns, and its mobile app, promoting a healthy lifestyle and early disease detection.
<b>Country</b>	Czech Republic
<b>Mail</b>	
<b>Phone</b>	+420 777 692 914
<b>Website</b>	<a href="https://www.loono.cz/en/">https://www.loono.cz/en/</a>
<b>Address</b>	Karlínské nám. 238/6, 186 00 Praha 8-Karlín
<b>Name of the organisation</b>	<b>STREP</b>
<b>Short Description (Around 300 characters)</b>	STREP provides social services, education for professionals, and legislative advocacy, focusing on high-risk families facing social and economic challenges. Its mission is to empower families, strengthen positive parenting, and promote every child's right to grow up safely within their own family.
<b>Country</b>	Czech Republic
<b>Mail</b>	strep@centrum.cz
<b>Phone</b>	+420 224 232 261
<b>Website</b>	<a href="http://www.strep.cz/en/">http://www.strep.cz/en/</a>



<b>Address</b>	Řehořova 10, Prague 3 130 00 Czech Republic
<b>Name of the organisation</b>	Centre for Family and Social Care
<b>Short Description (Around 300 characters)</b>	The Centre for Family and Social Care in Brno offers leisure, educational, and counselling programs, providing support to families and individuals in challenging life situations. The Centre serves children, couples, parents, seniors, and professionals, including foster families and families with special needs.
<b>Country</b>	Czech Republic
<b>Mail</b>	info@crsp.cz
<b>Phone</b>	+420 / 542 217 464
<b>Website</b>	<a href="https://www.crsp.cz/">https://www.crsp.cz/</a>
<b>Address</b>	Biskupská 280/7, 602 00 Brno