

BUILDRES Project**Project number: 2024-2-CY01-KA220-YOU-000295718****EU COUNTRIES DESK RESEARCH****Partner organisation: CCIF CYPRUS****Research on: Denmark****Country overview**

As of 1 January 2025, Denmark's population is about 5.993 million (5,992.7 thousand). Denmark's TFR in 2023 is 1.50 (Eurostat). Denmark is often treated as a benchmark for work–family reconciliation because leave policy, childcare access, and public services are designed as a connected system, with municipalities playing a central role.

Denmark's health system is mainly tax-funded and organised across state, regions, and municipalities, with residents entitled to publicly financed care that is largely free at point of use. For childcare specifically, Denmark has a strong access guarantee: municipalities must ensure an age-appropriate childcare place for children from 26 weeks until school start, and this is framed as a legal right to ECEC. Costs are still relevant, but there are mechanisms to reduce them (for example, income-based subsidies managed through municipalities).

On parental leave, Denmark provides extensive paid leave opportunities. A Nordic policy summary describes a total of 52 weeks of paid leave structured across maternity, paternity, and shared parental components (reflecting post-directive adjustments). This interacts with childcare policy in a distinctive way: Denmark is also highlighted in Eurydice analyses as a country with no “ECEC gap” (i.e., the period between leave ending and guaranteed childcare access). Emergency assistance is available via 112.

Name of the organisation	Udbetaling Danmark — Child and Youth Benefit (Børne- og ungedelse)
Short Description (Around 300 characters)	Public authority paying Child and Youth Benefit, with guidance on eligibility, payments, and administration.
Country	Denmark
Mail	https://kontakt.borger.dk/
Phone	+45 70 10 18 81
Website	https://lifeindenmark.borger.dk/family-and-children/family-benefits/child-and-youth-benefits



Address	Gyldenløvesgade 11, 1600 Copenhagen V.
Name of the organisation	Livslinien (Suicide Prevention / Crisis Support)
Short Description (Around 300 characters)	Confidential support via phone and chat for people in crisis or experiencing suicidal thoughts, plus guidance for relatives.
Country	Denmark
Mail	livslinien@livslinien.dk
Phone	70 201 201
Website	https://www.livslinien.dk/
Address	Livslinien, Havnegade 53, 1058 København, Danmark
Name of the organisation	Sex & Samfund — Danish Family Planning Association (DFPA)
Short Description (Around 300 characters)	Sexual and reproductive health organisation offering information, counselling pathways, and education initiatives; includes appointment booking for relevant services.
Country	Denmark
Mail	info@sexogsamfund.dk
Phone	33931010
Website	https://sexogsamfund.dk/en
Address	Lergravsvej 63, 2. floor, 2300 København S
Name of the organisation	Lev Uden Vold — National Hotline 1888 (Domestic Violence)
Short Description (Around 300 characters)	Denmark's national unit against domestic violence; provides anonymous counselling via a 24/7 hotline for victims, perpetrators, relatives, and professionals.
Country	Denmark



Mail	kontakt@levudenvold.dk
Phone	1888 (hotline)
Website	https://levudenvold.dk/
Address	Emdrupvej 28A, 3. 2100 København Ø
Name of the organisation	Mødrehjælpen (Support for Pregnancy & Families)
Short Description (Around 300 characters)	Social-humanitarian organisation offering counselling and support to pregnant people and families in vulnerable situations.
Country	Denmark
Mail	moedrehjaelpen@moedrehjaelpen.dk
Phone	+45 33 45 86 00
Website	https://moedrehjaelpen.dk/
Address	Abel Cathrines Gade 13, 1654 København V