

BUILDRES Project**Project number: 2024-2-CY01-KA220-YOU-000295718****EU COUNTRIES DESK RESEARCH****Partner organisation: CCIF CYPRUS****Research on: Malta****Country overview**

As of 1 January 2025, Malta's population is about 0.574 million (574.3 thousand). Malta has the lowest fertility rate in the EU: TFR 1.06 in 2023 (Eurostat), a figure frequently referenced in public debate and recent policy responses. This demographic pressure is a key backdrop for family benefits, childcare policy, and labour-market participation strategies.

In healthcare, Malta's National Health Service provides practically universal coverage, with governance and financing centralised under the Ministry responsible for health. Work-family policy includes statutory maternity provisions: Malta provides 18 weeks of maternity leave, including an initial employer-paid segment and a subsequent state-funded component (as described by the national industrial/employment relations authority).

Childcare policy is a major lever: Malta introduced a Free Childcare Scheme (notably for children roughly 3 months to 3 years) that supports parents who are in employment or education, with eligibility rules defined at scheme level and referenced in Eurydice system descriptions. For ongoing cash support, Malta provides a Children's Allowance with eligibility linked to household income rules, administered through the national social security system. Emergency assistance is available via 112.

Name of the organisation	Department of Social Security — Child Allowance
Short Description (Around 300 characters)	Government benefit supporting eligible families with children through child allowance payments and related information.
Country	Malta
Mail	https://socialsecurity.gov.mt/en/contact-us/
Phone	Freephone servizz.gov 153 (ext. 11)
Website	https://socialsecurity.gov.mt/mt/
Address	Social Security Office, 72 Melita St, Valletta, Malta



Name of the organisation	Supportline 179 (FSWS / Appoġġ)
Short Description (Around 300 characters)	National helpline offering support, information, referrals, and crisis listening for a range of difficulties, including domestic violence and mental health distress.
Country	Malta
Mail	https://fsws.gov.mt/contact-us/
Phone	179
Website	https://fsws.gov.mt/
Address	212 Cannon Rd, Santa Venera SVR 9034, Malta
Name of the organisation	FPAS — Family Planning Advisory Service
Short Description (Around 300 characters)	Confidential sexual and reproductive health information and support; guidance on contraception, pregnancy options, and referrals to services/clinicians.
Country	Malta
Mail	contact@fpas.mt
Phone	2778 0037 or 2034 1686
Website	https://www.fpas.mt/
Address	Digital service
Name of the organisation	Assisted Reproduction Technology Unit — Mater Dei Hospital (licensed unit)
Short Description (Around 300 characters)	Public licensed assisted reproduction unit listed by Malta’s healthcare standards authority, based at Mater Dei Hospital.
Country	Malta
Mail	healthstandards.sph@gov.mt



Phone	+356 2545 0000
Website	https://healthcarestandards.gov.mt/en/
Address	Health Care Standards Directorate St Luke's Hospital Pjazza San Luqa Tal-Pietà - Malta PTA 1010
Name of the organisation	Jobsplus — Free Childcare Scheme Unit (Government scheme)
Short Description (Around 300 characters)	Public scheme (launched in 2014) providing free childcare for eligible parents/guardians who work or study, through registered childcare centres; supports work–life balance by reducing childcare costs during early years.
Country	Malta
Mail	freechildcare@gov.mt
Phone	22201137 / 22201138
Website	https://jobsplus.gov.mt/funding/free-childcare-scheme
Address	Jobsplus Head Office, Birżebbuġa Road, Ғal Far – Birżebbuġa, BBG 3000, Malta