BUILDRES Project

Project number: 2024-2-CY01-KA220-YOU-000295718

EU COUNTRIES DESK RESEARCH

Partner organisation: ADAPTORA

Research on: Netherlands

Country overview:

The Netherlands has a population of around 18.3 million in 2025. The total fertility rate (TFR) is low—about 1.43 children per woman in 2023, and recent data (2024) suggest it remains around 1.4–1.48. The public healthcare system covers maternal and reproductive care, child benefits (through the Sociale Verzekeringsbank (SVB)) for families with children under 18. Mental health services are accessible via the regular health insurance system, but waiting times and regional variation exist. For child benefit and family support, you apply via SVB and receive benefits if living/working in the Netherlands. In the Netherlands the emergency helpline is 112

Name of the organisation	Sociale Verzekeringsbank (SVB)
Short Description (Around 300 characters)	The Dutch organisation administering child benefit (kinderbijslag) for families. Families (including migrant families) can apply for child allowance if they live/work in the Netherlands.
Country	Netherlands
Mail	There is an online form on the website in the contact section if you want to contact the organisation by email.
Phone	+31 88 949 40 20
Website	https://www.government.nl/topics/child-benefit/applying-for-child-benefit?
Address	online

Name of the organisation	Share-Net Netherlands
Short Description (Around 300 characters)	A network for sexual and reproductive health & rights (SRHR); useful for professional resources, advocacy, training and information on reproductive health in the Netherlands.
Country	Netherlands
Mail	info@share-net.nl
Phone	+31 20 568 8701
Website	https://share-net.nl/
Address	Mauritskade 64, 1092 AD Amsterdam, The Netherlands.

Name of the organisation	Rutgers
Short Description (Around 300 characters)	The Netherlands' leading expert organisation on sexual and reproductive health & rights (member of IPPF).
Country	Netherlands
Mail	office@rutgers.nl
Phone	+31 (0)30 231 34 31
Website	https://rutgers.nl/
Address	Arthur van Schendelstraat 696, 3511 MJ, Utrecht

Name of the organisation	TFP Medisch Centrum Kinderwens
Short Description (Around 300 characters)	A fertility clinic in the Netherlands (Leiderdorp) offering IVF, ICSI, embryo donation and comprehensive reproductive medicine.
Country	Netherlands
Mail	https://tfp-fertility.com/en-nl/contact (online contact form)
Phone	+31 (0)71 58 12 300
Website	https://tfp-fertility.com/en-nl
Address	Simon Smitweg 16, 2353 GA Leiderdorp, The Netherlands.

Name of the organisation	Dutch government's business site
Short Description (Around 300 characters)	The page explains that in the Netherlands every employee is entitled to statutory pregnancy and maternity leave under the Work and Care Act. Includes all information on parental leave.
Country	Netherlands
Mail	-

Phone	-
Website	https://business.gov.nl/regulation/leave-schemes/#art:pregnancy-and-maternity-leave
Address	Online