

Latest updates from the BuildRes Erasmus+ project

Over the past months, our partnership has reached several important milestones. First of all, we are proud to announce the launch of our official project website: <https://buildres.erasmus.site>. This platform serves as the central hub for all project activities and results.

You can already explore the findings of the **surveys** conducted so far, offering valuable insights into young people's perspectives on family planning across Europe. In addition, we have completed **desk research** mapping the broader context of family policies across European Union countries. This includes an overview of healthcare services, social benefits, and structural conditions that influence young people's decisions about parenthood. The full research is available in the "**Project Results**" section of our website.

Towards the end of 2025, our consortium focused on developing the **online course modules**. These are designed to support young people and youth workers in addressing topics related to family planning, work-life balance, and social realities affecting young people. The course will be available in the coming months, and we are currently entering the **internal evaluation phase** to ensure quality and relevance.

At the same time, we have developed the content for a **training course for youth workers**, which will take place in Poland. This training will further strengthen the capacity of youth professionals to engage with these important topics.



On **Monday, March 23rd**, we held our **3rd Transnational Partners Meeting in Timișoara**, where we reflected on our progress and planned the next steps of the project. The meeting was an important moment to align our efforts and prepare for the upcoming implementation phases.



As a small preview of what's coming next, we'll soon be sharing **teaser videos** from the online course modules on the Instagram account of the project (@buildres.erasmus). Until then, we invite you to visit our website and explore the results already available.

Stay tuned for more updates as we continue building resources that support young people in making informed life choices!

– The BuildRes project team